POTOMAC FALLS SCHEDULE

Effective August 29th, 2011

571-434-3334

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
A+ AFTERSCHOOL *A+ Students Only* (Elementary Ages)	3:30 - 4:10pm 4:10 - 4:50pm	3:30 - 4:10pm 4:10 - 4:50pm	3:30 - 4:10pm 4:10 - 4:50pm	3:30 - 4:10pm 4:10 - 4:50pm	3:30 - 4:10pm 4:10 - 4:50pm	
TOPKICK TIGERS *All Belts* (4, 5, 6 yrs old)	5:35 - 6:20pm	4:50 - 5:35pm	5:35 - 6:20pm	4:50 - 5:35pm		9:00 - 9:45am
CHILDREN(BEG) *No Belt Only* (6 - 12 yrs old)	4:50 - 5:35pm	5:35 - 6:20pm	4:50 - 5:35pm	5:35 - 6:20pm	4:50 - 5:35pm	
CHILDREN(BEG) *White - Gold Stripe* (6 - 12 yrs old)	4:50 - 5:35pm	5:35 - 6:20pm	4:50 - 5:35pm	5:35 - 6:20pm	4:50 - 5:35pm	
CHILDREN INT/ADV *Green - Red* (6 - 12 yrs old)	5:35 - 6:20pm 6:20 - 7:05pm	5:35 - 6:20pm 6:20 - 7:05pm	5:35 - 6:20pm 6:20 - 7:05pm	5:35 - 6:20pm 6:20 - 7:05pm	5:35 - 6:20pm	
CHILDREN BLACK *Black Belts* (6 - 12 yrs old)	6:20 - 7:05pm		6:20 - 7:05pm			
CHILDREN ELITE *Elite Members Only* (6 - 12 yrs old)					5:35 - 6:20pm	10:30 - 11:15am
FAMILY(BEG) *No Belt - Gold Stripe* (6 & Up)	7:05 - 7:50pm	6:20 - 7:05pm	7:05 - 7:50pm	6:20 - 7:05pm		9:00 - 9:45am
FAMILY(INT/ADV) *Green - Red* (6 & Up)	7:05 - 7:50pm	7:05 - 7:50pm	7:05 - 7:50pm	7:05 - 7:50pm		9:45 - 10:30am
FAMILY(BLACK) *Black Belts Only* (6 & Up)		7:05 - 7:50pm		7:05 - 7:50pm		9:45 - 10:30am
FAMILY ELITE *Members Only* (All)						10:30 - 11:15am
ADULT AND TEEN *No - Gold Stripe* (13 & Up)	7:50 - 8:35pm		7:50 - 8:35pm			
ADULT AND TEEN *Green - Black* (13 & Up)	7:50 - 8:35pm		7:50 - 8:35pm			

FIRST CLASS: MON / TUES / WED / THUR / FRI / SAT _____/_____/_____ @ _____ : _____

PLEASE CALL IF YOU NEED TO RE-SCHEDULE

BELT GRADUATION DAYS & TIMES PLEASE TURN IN GRADUATION FORMS AT LEAST TWO DAYS PRIOR TO YOUR DATE

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